

# **Visiting Policy**

**ORG-RES-GEN-200** 

## Scope

This policy applies to all Riverside Health Care (RHC) Sites

## **Purpose**

This policy provides guidance to support and welcome family presence and participation of family members and friends in the patient/resident experience at RHC while ensuring a safe, secure and caring environment for all our patients, residents, visitors and staff.

A visitor can be a caregiver or essential care partner, essential visitor or general visitor. Caregiver/essential care partner or care partner are great resources for staff and comfort to the patient which improves the quality of life and quality of care. Essential care partner/Caregivers participate in care as defined by the patient/resident and are an essential part of the health care team.

## **Policy**

Guided by Patient/Resident and Family Centred Care Philosophy RHC recognizes the importance of supporting family and caregivers to visit patients/residents while ensuring a restful environment that meets their care needs and wishes.

RHC sites will follow provincial directives and implement risk mitigation strategies to ensure a safe and secure facility. This includes the management of visitors.

Risk mitigation strategies are intended to address and balance the following:

- The protection and safety of patients/residents, visitors, and staff.
- The well-being of patients/residents when allowing visitation from families/friends to reduce social isolation.
- Equitable access to all individuals seeking to visit a patient/resident that is consistent with their preferences and with reasonable restrictions that safeguard patients/residents while considering cultural diversity and traditions.

#### Note:

The definition for Caregiver, Essential Visitor and General Visitor are defined by the Long Term Care Act, and Essential Care Partner and Care Partner is defined by Healthcare Excellence Canada.

## Responsibility

Senior Leadership will support the visiting policy and procedures for all RHC sites in supporting a
patient/resident and family centred care philosophy.

#### Administrator/Designate will:

- Follow any provincial and/or jurisdictional directions and guidelines related to managing visitations.
- Ensure visits are documented in the Resident visitor log and visitor logs are retained for a minimum of 30 days for LTC/Eldcap sites.

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- Allow caregivers to visit residents in outbreak and non-outbreak situations following any provincially mandated restrictions, such as limiting the number of visitors allowed at a time, visiting room/area etc. In outbreak situations refer to the policy Managing an Outbreak in the Infection Prevention Control Manual.
- Allow unrestricted access for visits to a patient/resident who is an end-of-life or for other extraneous circumstances.
- Ensure visitors adhere to infection, prevention and control (IPAC) protocols, including any required PPE and hand hygiene.
- Provide PPE to visitors as provincially directed.
- Ensure processes are in place to screen (active and/or passive) visitors when provincially directed to do so.
- Ensure a process is in place for documenting and keeping a written record of
  - a) The designation of a caregiver; and
  - b) The approval from a parent or legal guardian to permit persons under 16 years of age to be designated as a caregiver, if applicable.

## The Directors, Managers, Nursing Supervisor will:

- Ensure staff are aware of the visitation policies and procedures.
- Support visitation according to the policies and procedures.
- Collaborate with the patient/resident and their visitors in supporting a patient/resident and family centred care philosophy.

#### Staff will:

- Support visitation according to the policies and procedures.
- Provide visitors and resident the IPAC Visitor Packages as required in LTC.
- Provide visitors the Visitor Guidelines, as required in LTC.
- Support all visitors in safe IPAC practices such as hand hygiene and required PPE.

#### All Visitors will:

- Comply with the visiting policy.
- Follow infection prevention and control practices and requirements, including hand hygiene, wearing of PPE as required etc.
- Self-screen and not visit the facility if they are having symptoms of an infectious disease.
- Follow RHC Principles of Conduct

## **Definitions:**

**Care Partner (CP)** is a person identified by the patient/resident and may be a family member, relative, a friend or significant other who provides physical, psychological and/or emotional support.

#### **Caregiver / Essential Care Partner (CG/ECP):**

- is a person identified by the patient/resident who will provide physical, psychological, spiritual, and/or emotional support, which is deemed essential to the patient/resident care whether on a paid or unpaid basis. This may include support for decision making, care coordination, and continuity of care. CG/ECP can include family members, close friends, or other Care Partners and are identified by the patient or substitute decision maker.
- Can comply with all applicable laws including any applicable directives, orders, guidance, advice
  or recommendations issued by the Chief Medical Office of Health or a medical office of health
  appointed under the Health Protective and Promotion Act

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1 '	Disclaimer: Once printed this document is no longer controlled and may not be the current version.	Page: 2 of 3



• In the case of an individual under 16 years of age, has approval from a parent or legal guardian to be designated as a caregiver.

**Essential Visitor:** A caregiver, a support worker who visits a LTC home or Healthcare facility to provide support to the critical operations of the facility or to provide essential services to the patient/resident, a person visiting a very ill patient/resident for compassionate reasons including but not limited to hospice service or end of life or a government inspector with statutory right to enter a LTC Home to carry out their duties.

**General Visitor:** is not an essential visitor. Visitors have an important social role but do not participate as active partners in care. The visit is to provide non-essential services related to either a particular patient/resident or the operations of the facility or a group of patients/residents.

**Patient- and family-centred/partnered care** is an approach to the planning, delivery and evaluation of healthcare that is grounded in mutually beneficial partnerships among healthcare providers, patients, families and caregivers.

#### References

Visitor Procedure ORG-RES-GEN-201

Healthcare Excellence Canada <u>Essential Together (healthcareexcellence.ca)</u>

Accessible Canada Act, SC 2019, c 10 https://laws-lois.justice.gc.ca/eng/acts/A-0.6/

Accessibility for Ontarians with Disabilities Act <a href="https://www.ontario.ca/laws/statute/05a11">https://www.ontario.ca/laws/statute/05a11</a>

Extendicare Assist <a href="https://assist.extendicare.com/">https://assist.extendicare.com/</a>

Ontario Ministry of Health and Long-Term Care <a href="http://www.health.gov.on.ca/en/">http://www.health.gov.on.ca/en/</a>

Ontario Fixing Long-Term Care Act, 2021 https://www.ontario.ca/laws/statute/21f39

Ontario Regulation 246/22 made under the Fixing Long-Term Care Act, 2021

https://www.ontario.ca/laws/regulation/r22246

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