



FOR IMMEDIATE RELEASE  
December 28, 2021

Riverside Health Care in conjunction with the Northwestern Public Health Unit has declared a Respiratory Outbreak at Rainycrest Long Term Care Home.

As a precautionary measure all symptomatic individuals have been tested for COVID-19, currently all tests are negative. We remind the public that this is **not** a COVID-19 outbreak at this time.

All admissions, transfers, discharges and group social activities are cancelled until further notice.

Visitor restrictions have been added to permit ONLY 1 Visitor/caregiver per Resident at a time. Visitation must take place in the Resident's room and not in common space areas during the Outbreak. Palliative visitors to the Home are still permitted. Any Resident absences for social purposes are not permitted at this time.

To further enhance our team's ongoing efforts additional precautions are being taken including, but not limited to, isolation of symptomatic individuals, additional high touch cleaning practices, cohorting residents and staff where possible, and the temporary closure of the tuck shop and hair salon. We believe these added measures will enhance the Home's ability to reduce the risk of transmission.

We recognize how emotionally difficult and challenging this news will be. We thank everyone for their understanding and cooperation. We encourage our residents' loved ones, friends and well-wishers to keep in touch. We have technology in place at Rainycrest for our residents to have conversations via video chat applications as an alternative, and our staff at each site will be happy to schedule these with you.

The public is reminded to prevent getting and spreading infections by:

- Washing hands often, for at least 15 seconds with soap and warm water or by using an alcohol-based hand sanitizer;
- Maintaining good cough and sneeze etiquette, including sneezing/coughing into a tissue, your sleeve or elbow;
- Putting all used tissues in the garbage right away;
- Avoiding touching your eyes, nose, or mouth; and
- Staying at home if sick, to avoid spreading infections to others.

The Outbreak Management Team will continue to monitor the situation. The care and safety of our residents, team members and families are a top priority.

We thank everyone for their understanding and continued support at this time.

Henry Gauthier  
President & Chief Executive Officer  
Riverside Health Care

Julie Loveday  
Executive Vice President, Clinical Services & CNE  
Riverside Health Care

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