



**DEPARTMENT OF DIAGNOSTIC IMAGING
PATIENT PREPARATION FOR ULTRASOUND PROCEDURES
Phone: 807-274-4808**

NAME: _____

APPOINTMENT DATE: _____ TIME: _____

PLEASE ARRIVE IN ADMITTING 15 MINUTES PRIOR TO EXAM TIME TO REGISTER.
EXAMS ARE SCHEDULED 30 MINUTES APART. PLEASE DO NOT BE LATE.
IF YOU ARE LATE YOU MAY BE RESCHEDULED.

Check Exam Prep below: **NOTE: CHILDREN UNDER 6 NO PREPARATION**

PREGNANCY (1 HOUR EXAM):

Routine – 2 glasses of fluid ½ hour prior to scan

Biophysical profile – patients must eat ½ hour prior to scan to stimulate fetal movement (i.e orange juice, ice cream, jam sandwich)

During the Exam:

- One additional person allowed in exam room. All others are welcome once the technologist has completed the exam.
- Children are not permitted in the room for the exam portion of the scan.
- The technologist is not permitted to give results of the ultrasound.
- Recording devices of any kind are not permitted in the examination room.
- A picture can be purchased at the end of the exam for \$15.00.

UPPER ABDOMEN: Nothing by mouth 6 hours prior to scan.

ABDOMEN AND PELVIS COMBINED:

- Nothing by mouth 6 hours prior to scan.
- Start drinking 6 glasses of fluid 1 ½ hours prior to exam. **NO CARBONATED BEVERAGES.**
- **DO NOT EMPTY BLADDER**

PELVIS – KIDNEYS – PROSTATE – BLADDER:

- **BLADDER MUST BE FILLED FOR THIS EXAM.**
- Start drinking 6 glasses of fluid 1 ½ hours prior to exam. **NO CARBONATED BEVERAGES.**
- **DO NOT EMPTY BLADDER**

THYROID – SCROTUM – HEART – VEINS – BREAST: No Preparation

All prescription drugs should be taken as usual.

Insulin dependent diabetics should eat and take insulin as usual. Avoid eating fatty food prior to scan.

If you are unable to come for your Ultrasound or have any questions, please call the **DIAGNOSTIC IMAGING** department at 274-4808 between 8:00 a.m. and 4:00 p.m.